



ARTS & CULTURE



Charity

High Notes Avante Productions Inc.

About

High Notes Avante inspires and heals through music, offering free lessons and programs to support mental health and well-being. Their efforts, supported by community and charitable gaming, transform lives and foster resilience.

highnotesavante.ca

High Notes Avante Using Music to Inspire and Heal

A Symphony of Support and Hope

For over a decade, High Notes Avante has been harnessing the transformative power of music to inspire and provide hope to individuals touched by mental illness. Through their unique blend of celebratory galas, concerts, and regular programming, they offer a lifeline to those seeking solace and resilience through the arts.

Creating Harmonies Through Volunteerism

High Notes Avante is a not-for-profit organization led by a passionate team of volunteers and professionals. The organization hosts a variety of programs, including a monthly movie club, group music appreciation sessions, and individual music lessons on instruments such as piano, guitar, harp, saxophone, and voice. These initiatives ensure broad community representation and foster a nurturing environment for all participants.



charitablegaming.ca



100+
BENEFICIARIES

Participating Gaming Centre



Engaging Activities that Transform Lives

The volunteers at High Notes Avante contribute countless hours to support these programs, which have benefitted nearly 100 individuals to date. Fundraising activities, particularly their partnership with Bingo World and Gaming Richmond Hill, have been instrumental in providing the financial support needed to offer free professional music instruction, thereby making a significant impact on the lives of participants.

Real-Life Impact: Stories of Resilience and Joy

The Saini family's experience exemplifies the profound impact of High Notes Avante's work. Aryan, an 11-year-old feeling isolated and depressed after moving to Canada and dealing with the effects of COVID-19, found joy and purpose through piano lessons. His brother Shivaun also benefitted from voice lessons, and their father Ravi found stress relief through guitar lessons. These sessions, provided at no cost, helped the family find happiness and a sense of belonging in their new environment.

Celebrating Community Support and Contributions

The success of High Notes Avante is made possible by the unwavering support from volunteers, donors, and the community. Funds raised through the partnership with Bingo World and Gaming Richmond Hill have been crucial in sustaining their programs. High Notes Avante extends heartfelt thanks to everyone who contributes to these efforts, emphasizing that ongoing community and charitable gaming support are essential to their mission.

Advancing Wellness Together

High Notes Avante exemplifies the power of community support and charitable gaming in advancing mental health and well-being through music. As they continue to expand their programs, they look forward to new successes and opportunities to serve.

This program has been made possible in part thanks to funds from *Charitable Gaming. Community Good.*

